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United States Army Health Care Studies



Clinical Investigation Activity

and

**BATTLE STRESS SURVEY** 

A. David Mangelsdorff, Ph.D, M.P.H.
MAJ James M. King, Ph.D.
MAJ Donald E. O'Brien, Ph.D.

Final Report Report #85-001B

January 1985

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US ARMY
HEALTH SERVICES COMMAND
FORT SAM HOUSTON, TEXAS 78234

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Cohesion is best described as a multi-faced construct. Specific survey instruments are required to assess morale and cohesion. A battery of instruments, targeted at different unit levels, is required to assess these multi-faceted constructs. Multi-dimensional interpretations are required in assessing unit morale and cohesion. Assessments of unit morale and cohesion should be part of a unit preparedness and prevention program.

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#### **BATTLE STRESS SURVEY**

Much has been written about how combat produces stress and of the possible levels of psychological casualties in combat. Commanders need to be reminded both of the threat of psychological casualties and of how to prepare to deal with those casualties. In addition, commanders need to be able to assess the readiness of their units, particularly in terms of morale and cohesion. High levels of cohesion and morale impart resistance to combat stress.

Cohesion and morale are critical to the success of units both in combat and in peacetime. Critical discussions of the effect of cohesion and morale have been presented by Baynes (1967), Marshall (1947), and Keegan (1976). Work by the Walter Reed Army Institute of Research has contributed substantially to the literature on cohesion as well (Fullerton and Manning, 1984; Gal, 1983a, 1983b; Gal and Manning, 1984; Ingraham and Manning, 1980, 1981; Manning, 1979, 1980, 1984; Manning and Fullerton, 1984; Manning and Ingraham, 1983).

Manning and Ingraham (1983) investigated the value of unit cohesion in peacetime. The results of interviews conducted between late 1979 and early 1980 of 300 junior enlisted soldiers in Europe were reported. These results were correlated with several measures of unit performance (annual general inspection, physical fitness testing, operational readiness tests, skills qualification tests). The correlation between battalion cohesion with an overall performance measure was .81. These interviews were used for constructing questionnaires to measure various aspects of unit cohesion. Among the surveys developed were: the Company Perceptions questionnaire, the Command Climate survey, and the E1-E4 Squad/Platoon Perceptions survey (in Mangelsdorff, King, and O'Brien, 1983).

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Manning and Fullerton (1984) found that Special Forces soldiers reported being more satisfied with their life, health, and career than soldiers from paratroop or conventional infantry units. The Special Forces soldiers reported more cohesion with, and support from, their units. Attitudes were assessed using the General Well Being scale (Dupuy, 1978), the Army Satisfaction Inventory (Datel, 1978), the Health Perceptions Inventory (Ware, 1979), the Command Climate Survey (in Mangelsdorff et al, 1983), and the Marital Satisfaction Scale (Roach, 1981). Fullerton and Manning (1984) suggest that membership in elite units provides a significant source of morale and assistance to its members.

Sperling (1983) found that cohesion at squad and platoon levels is more intense than cohesion at company and battalion levels. Little (1964) suggested that cohesion was highest within a platoon.

Gal (1983a) traced the history of morale surveys in the Israeli

Defense Forces. The morale surveys are administered on a regular basis by trained field psychologists. The surveys are coordinated with the unit commander and the significance of the findings is discussed with the commander. Ezrahi (1982) reported the findings obtained with the morale survey in combat units in the Golan Heights in May, 1981. The interrelationships between the morale-related variables showed several factors. The individual soldier's level of morale was affected by: (1) unit cohesiveness, (2) confidence in commanders, (3) confidence in weapons and in oneself as a soldier, and (4) perceived legitimacy of the war (or military operation). The strength of unit cohesiveness significantly affects the morale and combat efficiency of the soldiers. The balance between sense of cohesion and belonging to unit, trust in peers and leaders, and in self affects the individual soldier's performance. Ways to maximize these factors so as to enhance the individual soldier's

performance under stressful conditions has been the subject of considerable research.

There are a variety of programs developed to help manage stress. At the Psychology in the Department of Defense Symposium (1982), a session on stress management documented the variety of civilian and military efforts being undertaken to deal with stress (Swiney, 1982). Stress programs may focus on individual responses, group responses, organizational responses, situational factors, or some combination of the factors. The workshop program conducted by the Health Care Studies and Clinical Investigation Activity was developed in response to repeated requests for information on how to develop training programs for the management of combat stress reactions.

The first Users' Workshop on Combat Stress in 1981 attempted to address the needs of the mental health care providers in several key Army combat units (the 82nd Airborne Division, the 101st Airborne Division, the 2nd Armor Division, and the 1st Cavalry Division). These needs included: (1) presenting authoritative information on current threat estimates, concepts on countering and defeating the threat, and casualty estimates; (2) discussing the projected tasks and functions of line and health care personnel who will identify, refer, treat, and/or prevent combat stress casualties; and (3) setting goals, establishing methodologies to achieve these goals, and deciding upon means for evaluating goal attainment.

Participants from the combat units were asked to bring and to describe whatever training programs, handouts, packets, or written ideas they had for training soldiers, leaders, medical, and mental health personnel. The mental health staffs were to be prepared to: identify their unique training needs, commit themselves to developing and conducting their own training

programs, evaluate their own programs, and share the results of their programs and evaluations with the other workshop participants.

Task groups were formed and instructed to define their goals, decide how to reach the goals, and determine how to evaluate the progress toward achieving those goals. Most goals focused on establishing training programs and reorganizing resources to achieve maximum effects.

A training program developed for the community Mental Health Activity at Fort Knox, Kentucky, entitled Project COPE (Combat Operations and Psychiatric Effectiveness) was run for the workshop participants. The three task groups were dissolved into three mixed groups which were required to role play medical personnel at Battalion Aid Stations.

Participants were required to triage psychiatric and medical casualties (represented by analog field medical cards), provide effective interventions with soldiers presenting stress reactions, maintain effective radio communications, and cope with increasingly stressful situational demands. Evaluators provided feedback to participants on the effectiveness of their treatment and dispositions. After the exercise, the experiences of the participants were processed for feelings and insights into how a training program might be developed.

Participants were asked to work toward achieving the goals defined in their task groups. A network of resources had been established.

Contributions from the participants were collected, edited, and assembled into a proceedings which was sent to each participant (Mangelsdorff and Furukawa, 1981). The collected proceedings were intended to serve several functions: (1) as a reference resource, (2) as a commitment toward disseminating information, and (3) as a reminder of intended goals and proposed methodologies. It became clear that additional workshops were needed to reach other Army units. This lead to the second Users' Workshop

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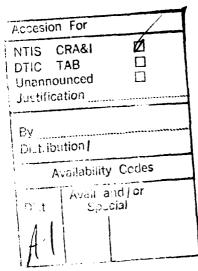
The Second Users' Workshop in 1982 brought together both line officers with command or training responsibilities and mental health officers.

Participants were asked to exchange their training materials. This diverse group allowed for modifications in the manner and type of presentations.

Task groups were formed. Each group was asked to assess the needs of the members in terms of concerns, problems, or issues related to combat stress. Solutions for the needs were to be developed. Organizational Effectiveness consultants were used to facilitate the task group process. The most common themes were: (1) development and presentation of an effective combat stress program, (2) determination of who needed the program, and (3) determination of where the program was needed.

Participants were tasked with returning to their respective posts and developing effective training programs. As in the First Users' Workshop, contributions from the participants were assembled into a proceedings (Mangelsdorff and Furukawa, 1982). The proceedings from the Second Users' Workshop were sent to all participants in both the First and Second Users' Workshops. The intent was to remind participants of their commitments and to enlarge the network of individuals working on the problems of combat stress.





#### **OBJECTIVES**

The objectives of this study were to:

- 1. Conduct literature searches to determine relevant reports and articles on cohesion, morale, and organizational factors.
- 2. Conduct a workshop to assess: (a) what elements are involved in the development of cohesion, (b) what research was being done on developing battle stress and organizational surveys, and (c) what were the needs of commanders.
  - 3. Consult with units engaged in combat training missions.
- 4. Conduct symposia at the American Psychological Association convention and at the Psychology in the Department of Defense Symposium.
- 5. Develop and analyze a survey instrument for assessing cohesion and organizational factors.

#### METHOD

A Third Users' Workshop on Combat Stress was devoted to unit cohesion (a crucial determinant of both individual and unit psychological readiness). Participants were tasked with a number of goals.

As a result of the workshop, consultations were arranged to assist the mental health personnel at Fort Hood and at Fort Carson. Surveys of units at Fort Hood and at Fort Carson had been conducted to assess unit morale and cohesion. After the survey data had been collected, HCSCIA assistance was requested for analyzing and interpreting the findings. These findings are reported here.

Symposia were conducted at the Psychology in the Department of Defense Symposium and at the American Psychological Association convention. The symposia presented opportunities for further discussions of factors affecting cohesion.

The surveys developed to assess morale and cohesion by the Walter Reed Army Institute of Research, by the mental health personnel at Fort Hood, and at Fort Carson were examined for psychometric properties. Reliability estimates were calculated.

#### FINDINGS

## Third Users' Workshop on Combat Stress

The Third Users' Workshop was held at Fort Sam Houston, Texas from 21 to 23 September, 1983. Representatives of the 4th Infantry Division, the Walter Reed Army Institute of Research, the Soldier Support Center, the Army Research Institute for the Behavioral and Social Sciences, the 9th Infantry Division, the 82nd Airborne Division, the Academy of Health Sciences, and the Israel Defense Force met to discuss their ongoing activities with respect to the assessment and development of unit cohesion. The participants were tasked to: (1) define the elements of cohesion, (2) determine what commanders need to know about the cohesiveness of their units, (3) identify the indicators and/or crucial aspects of unit cohesion, (4) determine how best to provide feedback to commanders about the cohesiveness of their units, and (5) to develop suggestions to assist in the development of unit cohesion.

Groups were formed to address these tasks. Facilitators from the Health Care Studies and Clinical Investigation Activity (HCSCIA) assisted in the group process. The results from the individual groups were presented to all of the participants for further discussion and reflection. The multiple definitions of unit cohesion, and the many instruments available to meet these definitions suggested that unit cohesion is a multi-faceted entity. Contributions from the participants were assembled into a proceedings (Mangelsdorff, King, and O'Brien, 1983).

The Third Users' Workshop identified some of the many facets of cohesion and summarized the survey instruments available to measure some elements of unit morale and cohesion. Military unit cohesion is composed of the following elements: (1) horizontal bonding (the relationships, trust, and loyalty established among peers), (2) vertical bonding (the relationships between leaders and followers), (3) confidence (in self, in peers, in weapons and equipment, in leaders, in supporting units, in nation), (4) commitment to legitimate goals of unit, (5) morale, (6) identity as soldier, and (7) command climate (leadership, competence, tactical and technical situations). These elements are also affected by time, experience, training, and the tactical situation. To measure cohesion, different instruments are required to assess specific aspects and specific units. Some suggested instruments and scoring keys are included in the Annexes. These instruments were developed by workers at Walter Reed Army Institute of Research, the Israeli Defense Force, the 4th Infantry Division, the 101st Airborne Division, and the 1st Cavalry Division.

Consultations with the mental health personnel at Fort Hood and at Fort Carson were conducted to analyze and interpret the findings of their surveys to assess unit morale and cohesion.

### Consultation with Fort Carson

The Fort Carson consultation (Mangelsdorff, King, and O'Brien, 1985a) analyzed the use of the 4th Infantry Division Combat Stress Survey (see Annex H) both before (Phase I) and then after deployment (Phase II) to the National Training Center. Two brigades were administered the Combat Stress Survey before (n=721) and after (n=615) deployment to the National Training Center. Principal components factor analyses of the 20 item surveys were conducted for each phase. Three factors with eigenvalues greater than 1.0

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3)	How happy, satisfied, or pleased have you been with your personal life? (DURING THE PAST MONTH)	1. Extremely happy - could not have been more satisfied or pleased 2. Very happy 3. Fairly happy 4. Satisfied - pleased. 5. Somewhat dissatisfied 6. Very dissatisfied
.4)	Have you had any reason to wonder if you were losing your mind, or losing control over the way you act, talk, think, feel, or of your memory? (DURING THE PAST MONTH)	1. Not at all 2. Only a little 3. Some-but not enough to be concerned or worried about 4. Some and I have been a little concerned 5. Some and I am quite concerned 6. Yes, very much so and I am very concerned
15)	Have you been anxious, worried or upset? (DURING THE PAST MONTH)	1. Extremely so - to the point of being sick or almost sick.  2. Very much so.  3. Quite a bit.  4. Some - enough to bother model.  5. A little bit.  6. Not at all
16)	Have you been waking up fresh and rested? (DURING THE PAST MONTH)	l. Every day  2. Most every day  3. Fairly often  4. Less than half the time  5. Rarely  6. None of the time
17)	Have you been bothered by any illness, bodily disorder, pains, or fears about your health? (DURING THE PAST MONTH)	1. All the time 2. Most of the time 3. A good bit of the time 4. Some of the time 5. A little of the time 6. None of the time
[18]	Has your daily life been full of things that were interesting to you? (DURING THE PAST MONTH)	1. All the time 2. Most of the time 3. A good bit of the time 4. Some of the time 5. A little of the time 6. None of the time
(19)	Have you felt downhearted and blue? (DURING THE PAST MONTH)	1. All of the time 2. Most of the time 3. A good bit of the time 4. Some of the time 5. A little of the time

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·)	Have you been bo nervousness or (DURING THE PAS	your "nerves?"		2 · 3 · 5 ·	Extre point work thing Very Quite Some- A lit	whe or t s much a b enoutle	re cake so it gh t	ould care	not	:	
10)		n firm control of houghts, emotions URING THE PAST		2 · 3 · 4 · 5 ·	Yes, d Yes, f Gener Not t No, an	or t ally oo w d I	he m so ell am s	ost ;	part hat	d 1.	, i
11)	hopeless, or ha	o sad, discouraged d so many problem ed if anything was URING THE PAST	8	2	Extre I hav Very Quite Some A lit Not a	e ju much a b - en tle	st a so it ough bit	bout	giv	zen	קיי
12)	were under any	nder or felt you strain,stress,or NG THE PAST MONTH		3:	could	bea qui some som	r or te a mor e bu	star bit e cha t abo	nd of	pre	្ត សូលា សូលា

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#### **RECOMMENDATIONS**

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Cohesion is not a simple concept; it is a multi-faceted construct and must be assessed from a variety of perspectives. Any comparison of cohesion instruments with objective measures of unit performance must be multi-dimensional. It is recommended that all assessments of cohesion be made from multiple perspectives.

Target audiences must be determined and only specific instruments employed.

A battery of survey instruments which focus on different levels of units should be used to allow more complete assessment of a unit's cohesion. It is recommended that specific survey instruments with specific targets be used in developing a multi-dimensional assessment using a battery of survey instruments. The survey instruments available from Walter Reed Institute of Research should be included in the assessment battery. The Company Perceptions Questionnaire (Annex C) should be used for assessing company perceptions. The E1-E4 Squad/Platoon Perceptions survey (Annex D) should be used for platoons. The Command Climate Survey (Annex B) should be used as a global survey of attitudes toward command. The General Well Being scale (Annex A) should be used for individual perceptions.

Commanders at all levels should be educated as to what the findings of a battery of survey instruments assessing cohesion indicate. These assessments should be part of a prevention program conducted by the mental health section of the unit as part of its command consultation program. The assessments are intended to assist in creating changes that foster unit cohesion; the assessments must be provided in a supportive context. The assessment and interpretation should be conducted by trained mental health professionals.

Feedback of survey findings to commanders and to individual personnel should be conducted by qualified personnel. Commanders should receive timely reports to assess potential problem areas and allow for changes. It is recommended that feedback of results be timely, comprehensive, and an integral part of a unit's preparedness and prevention program.

#### DISCUSSION

Cohesion is a not a simple construct; it represents a multi-faceted concept which includes a variety of elements: horizontal bonding, vertical bonding, confidence (in self, in peers, in weapons and equipment, in leaders, in support units, and in nation), commitment to unit goals, morale, and command climate. These constructs are in turn affected by time, experience, training, and the tactical situation.

Specific survey instruments are required to assess morale and cohesion depending upon the unit level and the target audience. The Company Perceptions Questionnaire (Annex C) is most appropriate for assessing company perceptions. The E1-E4 Squad/Platoon Perceptions survey (Annex D) is appropriate for smaller sized units. The General Well Being scale (Annex A) is a more global instrument for individual well being. The Command Climate Survey (Annex B) is a global survey. The Unit Questionnaire for Soldiers and Junior Leaders (Annex F) is oriented toward company size units and smaller. Feedback of results to commanders must take into account the target unit for the surveys and the extent to which the findings can be generalized to other units. The survey instruments from the Walter Reed Army Institute of Research have acceptable psychometric properties and appear effective when used as part of a battery to assess unit cohesion. The Fourth Infantry Division (Annexes H and I) and the 1st Cav Survey (Annex J) instruments generally have acceptable psychometric properties, although further research is needed.

of the conditions. The commanders may have needed more information on why their units were being asked to participate in the Fort Hood study.

Psychology in the Department of Defense Symposium (April, 1984)

A presentation was made at the paper session on "Mental Health and Morale" at the Psychology in the Department of Defense Symposium held at the Air Force Academy 18 to 20 April, 1984 (Lee and Ulrich, 1984). The paper discussed the workshops for management of combat stress conducted by the Health Care Studies and Clinical Investigation Activity (Mangelsdorff, King, and O'Brien, 1984). The workshop model was suggested as a means of bringing together diverse groups and allowing for a mixture of formal lectures, discussions, and exchange of ideas. The networking of participants from the different workshops allowed for continued updating of new developments. Future directions were proposed.

## American Psychological Association Convention (August, 1984)

A symposium entitled "Cohesion and Motivation: Multinational Efforts in the Armed Forces" was conducted at the APA convention in Toronto, Ontario held in August, 1984. The session brought together representatives from the Federal Republic of Germany, the Israel Defense Force, the Canadian Armed Forces, and the United States to discuss the programs being developed in the military forces of their respective countries. The discussion focused on the overlap between the problems and the available solutions to developing motivation and morale in military forces (Mangelsdorff and King, 1984). Concepts developed in one nation were tested in the military forces of other countries for applicability. Differences between organizational structures in the nations may have accounted for some of the differences in findings. National programs, viewed with respect to the uniqueness of the cultures and societies, were presented.

exercise in field exercises in Central America, a control group not deploying, and individuals scheduled to be deployed on the training mission but who learned they were cut at the last moment. The 1st Cav Survey was developed using many of the items from the 4th Infantry Division Combat Stress Survey (Annex H). The responses to the 1st Cav Survey from 303 soldiers were submitted to a principal components factor analysis. Nine factors with eigenvalues greater than 1.0 were obtained, accounting for 73.1% of the cummulative variance. A Varimax rotation was performed. Eight item clusters were extracted and subjected to reliability estimates calculating coefficient alphas (Kuder Richardson).

The 1st Cav Survey had acceptable psychometric properties: the reliability estimates for the eight subscales ranged from .778 to .964. Reliability estimates for the other cohesion measures were: General Well Being scale (.903), Company Perceptions Questionnaire (.940), and for the E1-E4 Squad/Platoon Perceptions Survey (.804). Using Pearson Product Moment correlations, the 1st Cav Survey subscales were significantly related to the General Well Being scale, the E1-E4 Squad/Platoon Perceptions survey, and the Company Perceptions questionnaire; this was interpreted as indicating good convergent validity for the subscales. There were significant differences between the mean scores of the three soldier groups using analysis of variance; the 1st Cav Survey successfully discriminated the soldiers who were scheduled to participate in the field exercise from those who learned they were cut. The 1st Cav Survey appears sensitive to assessing soldier morale.

Some cautions about the 1st Cav Survey should be noted. The sample size was rather limited. The use of a variety of response formats may have been responsible for the large number of factors. More complete data on respondents was needed. There was a need for assessing all soldiers under all

were obtained, accounting for 48.8% (Phase I) and 50.4% (Phase II) of the cummulative variance. A Varimax rotation was performed on the correlation matrix. The three item clusters extracted using the factor analyses were subjected to reliability estimates using the Kuder Richardson procedure to calculate coefficient alphas. The item clusters had coefficient alphas which ranged from .615 to .900 (for Phase I) and from .613 to .902 (in Phase II). The maximum possible reliability estimate could be a coefficient alpha of 1.00. In addition, four empirically derived subscales (team, leader, self, and unit) were assessed for reliability estimates (the coefficient alphas ranged from .613 to .844). The Combat Stress Survey had acceptable psychometric properties: the reliability estimates of the four empirically derived subscales did not differ from the three item clusters derived from factor analytic techniques which accounted for greater than 50% of the cummulative variance. Summary reports were customized for each company sized unit; feedback was provided to unit commanders on the unit scores across the two phases and in comparison with other units. A major problem was no other measures of cohesion were used to validate the Combat Stress Survey. It would have been preferable to have had all of the same subjects take the surveys in both phases of the Fort Carson study.

## Consultation with Fort Hood

The consultation with the First Cavalry Division at Fort Hood

(Mangelsdorff, King, and O'Brien, 1985b) analyzed the use of the 1st Cav

Survey (Annex J), the General Well Being scale (Annex A), the Company

Perceptions questionnaire (Annex C), and the E1-E4 Squad/Platoon

Perceptions survey (Annex D). These instruments were administered to three brigades. There were three groups: soldiers about to deploy to a training

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## Annex B Command Climate Survey (WRAIR)

Card Column
(1-4) Booklet #
(5) C

#### COMMAND CLIMATE SURVEY

Please indicate your answer to the following questions about your unit (Company or equivalent) by putting an X in the appropriate column (yes or No). Check Yes if you think the real answer should be "Mostly."

.•	•	(1) YES	(2) NO
6.	Are the policies in your unit fair?		
7.	Does your boss tell you when you've done a good job?		
8.	Does your boss listen to your explanation when some thing goes wrong?		
9.	Do you have confidence in your leaders?		
10	Do you have confidence in your equipment?		
11.	Are you satisfied with teamwork in your team or section?		<del></del>
12.	Would you prefer to deploy to war with this unit (instead of some other one)?		
13.	Is the information you get through channels timely, accurate, and complete?		
14.	Does the information you get, or decisions you receive, include the purpose, the reason, the "why" of the decision?		
15.	Do you think you are getting enough realistic training?		
16.	Can you tell your boss, "Hey, that's dumb so let's don't do it?"		
17.	Do you get to influence the training schedule?		

	you allowed to do your job the way you think it uld be done?		<b></b>
19-33	What's the best thing you like about your unit?		٠
ANS	WER HERE:		
34-48	· What do you dislike most about your unit?		
ANS	WER HERE:		
ho (2			
49-63	What should the chain of command start doing that it is doing now?	o not	
64-78	What should the chain of command stop doing that it is doing now?		
ANSI	WER THE FOLLOWING ONLY IF YOU ARE MARRIED:	(1) YES	(2) NO
79.	Do you often feel torn between job and family?		
80.	Do you and your spouse ever get into arguments over the Army, or your present job?		

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** SAVED AS SAS.SCORES(CMDCLI);

** COMMAND CLIMATE SURVEY;

** COMMAND CLIMATE SURVEY;

** ARRAY CLI_TBL CLI1--CLI13 CLI19;

** CLICNT = 0;

** DO OVER CLI_TBL > 1

** THEN CLI_TBL = .; ELSE CLICNT = CLICNT + 1;

** TE CLICNT > 10 THEN CCS_SUMC = CSUMC = CSUMC
```

## Annex C Company Perceptions Questionnaire (WRAIR)

## COMPANY PERCEPTIONS QUESTIONAIRE

Name:		Compar	λλ:	Bumper Number:
There are five possib	le answe	ers to eac	ch state	ement. They are:
	1 St 2 Ag	rongly Ag	ree	
		n't Know		
		sagree rongly Di	~~~~~	
	J 50	rongry Di	Sagree	
Please circle the numb	er whic	h best sh	ows how	you feel about each statement.
1. This company is on	e of th	e best in	the U.	S. Army.
1	2	3	4	5
Strongly Agree	_	•	•	Strongly Disagree
2. People in this com	pany ali	ready fee	l very	close to each other.
1	2	3	4	5
Strongly Agree				Strongly Disagree
3. The officers in th	is compa	ny really	, seem	to know their stuff.
1	2	3	4	5
Strongly Agree				Strongly Disagree
4. I think this compar other Army unit		do a bet	ter jol	o in combat than most
1	2	3	4	5
Strongly Agree				Strongly Disagree
5. I trust the men I w	ork with	h to alwa	ys try	to do a good job.
1	2	3	4	5
Strongly Agree				Strongly Disagree
6. The NCOs in this co	mpany re	eally see	m to kr	now their stuff.
1	2	3	4	5
Strongly Agree				Strongly Disagree
7. I really think that	I know	the peop	le I wo	rk with regularly.
1	2	3	4	5
Strongly Agree	~		•	Strongly Disagree

<ol><li>There are too many themselves and</li></ol>	people don't c	in this are abou	company ut the tr	who are just out for roops.
l Strongly Agree	2	3	4	5 Strongly Disagree
9. I tend to spend my	after d	uty hour	s with c	other people in this company.
l Strongly Agree	2	3	4	.5 Strongly Disagree
10. My closest friends	nips are	with th	e people	e I work with.
l Strongly Agree	2	3	4	5 Strongly Disagree
ll. The officers in thi	s compar	ny don't	spend e	nough time with the troops.
1 Strongly Agree	2	3	4	5 Strongly Disagree
12. I am impresses by t	he quali	ty of l	eadershi	p in this company.
l Strongly Agree	2	3	4	5 Strongly Disagree
13. If I have to go to ones I want wit		men I	regularly	y work with are the
l Strongly Agree	2	3	4	5 Strongly Disagree
14. The NCOs in this con	mpany re	ally dor	't spend	d enough time with the troops.
l Strongly Agree	2	3	4	5 Strongly Disagree
15. I really like the wo	ork I do	•		
1 Strongly Agree	2	3	4	5 Strongly Disagree
16. I think the job this important in the	company Army.	y is sup	posed to	do is one of the most
l Strongly Agree	2	3	4	5 Strongly Disagree
		30		

17. There are several per I would go to fo				
l Strongly Agree	2	3	4	5 Strongly Disagree
18. I have real confider	nce in	our weapo	ons and	our ability to use them.
. 1 Strongly Agree	2	. 3	4	5 Strongly Disagree
19. I think the level of	train	ing in th	is comp	pany is very high.
l Strongly Agree	2	3	4	5 Strongly Disagree
20. If I have to go into personal skills			have g	reat confidence in my
l Strongly Agree	2	3	4	5 Strongly Disagree
21. Whites and blacks in at work.	this c	company m	ix afte	r duty hours as well as
l Strongly Agree	2 .	3	4	5 Strongly Disagree
22. Almost all of the peo	ple in	this cor	npany ca	an really be trusted.
l Strongly Agree	2	3	4	5 Strongly Disagree
23. I really want to spen	d my e	ntire tou	r in th	ne Army in this company.
l Strongly Agree	2	3	4	5 Strongly Disagree
24. My superiors really m	ake an	attempt	to know	me and treat me as a person.
l Strongly Agree	2	3	4	5 Strongly Disagree
25. I really believe that in any difficult s			ту сотр	any will stand by me
l Strongly Agree	2	3	4	5 Strongly Disagree
26. I think people in this	compa	ny will o	get tig	hter as time goes on.
l Strongly Agree	2	3	4	5 Strongly Disagree

27. I really enjo	y being a	member	of this	compa	iny.
Strongly A	l gree	2	3	4	5 Strongly Disagree
28. This company possession	is a secu ns in the	re place company	e. You o	don't	have to watch your
Strongly A	l gree	2	3	4	5 Strongly Disagree
29. People really	look out	for eac	h other	in my	work group.
Strongly Ag	1 ree	2	3	4	5 Strongly Disagree
30. I think we are	better t	rained	than oth	er con	opanies in the Army.
Strongly Ag	1 ree	2	3		5 Strongly Disagree

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SAVED AS SAS.SCORES(COMPER2);
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COMPANY PERCEPTIONS;

THERE ARE 30 QUESTIONS THAT RANGE IN VALUE FROM 1 TO 5;

ARRAY COMPER COMPER30;

COUNTZ = 30;

DO OVER COMPER;

DI F COMPER < 1 OR COMPER > 5

THEN DO;

COMPER = 1;

COMPER = 1;
```

## Annex D E1 - E4/Squad Platoon Perceptions (WRAIR)

#### E1/E4 SQUAD/PLATOON PERCEPTIONS

Please circle the answers that best describe your response to each question. (8) How do you like being in (l) Like it (2) It's alright (3) Hate it this platoon? ( 9) How do you like the guys in (1) Tight (2) They're OK (3) Hate them your squad? (1) Same squad (2) Same Company (10) Who do you spend time with (3) Other after duty hours? but not same squad (11) Is there much mixing of (1) Mixing (2) It all depends (3) Blacks races after duty, or do the with blacks blacks tend to hang with etc. black, whites with whites, and so on? (l) Yes (2) Once in awhile (3) No (12) Is your squad leader ever included in after duty activities? (2) No, but or Yes, (3) No (13) Do you like the work you're (1) Yes, it's doing? what I but came in for (14) Who would you go to first (1) Someone in (2) Someone in the (3) Other same CO or Bn if you had a personal the same problem like being in debt? Plt but not in the same plt (1) Yes (15) Is there anyone in your (2) It all depends (3) No squad you might lend money in an emergency? (16) Do the officers in the CO (l) Yes (2) Yes, but or No. (3) No. seem to know their stuff? buc (17) How often, aside from meet- (1) Often (2) Once in awhile (3) Never or hardly even (weekly) (twice a month) ings, does your Plt Sgt talk with you personally? (2) Once in awhile (3) Never or (18) How often aside from meet-(1) Often (twice a month hardly eve: ings, does your Plt leader (weekly) or so) talk with you personally? (19) How often aside from meet-(1) Twice a (2) Monthly or so (3) Never or ings, does the CO talk with month or hardly eve: you personally? more (20) Do the NCOs in the platoon

seem to know their stuff?

(l) Yes

(2) Yes, but or

No. but

(3) %o

(2), If we went to war tomorrow, (1) Wouldn't (2) Do not know (3) Other would you feel confident change going with this squad or would you rather go with another?

## Annex G Unit Readiness Questionnaire (101st Airborne hivision)

#### Background Information

Squadron	
Troop	
Platoon	
MOS	
Rank	
Year in Service	
Previous experience in combat	yes no
How many months have you been in	your present troop?
Education	
8 yrs	
9-11	
12 (High School Diploma)	
GED	
12-15	
College Degree	
Marital Status	
Single	
Married	
Divorced/Separated	
Other (please specify)	
If you are currently married, is	this your first marriage?  yesno
Number of children (if applicable)	
Age	(age at last birthday

- 17. How often do the soldiers talk to each other about these worries?
  - 1. very often
  - 2. often
  - 3. occasionally
  - 4. hardly ever
  - 5. never
- 18. How often do your leaders talk to their troops about possible wartime issues?
  - 1. very often
  - 2. often
  - 3. occasionally
  - 4. hardly ever
  - 5. never
- 19. How much stress do you typically undergo because of separation from family/wife/girlfriend due to field training?
  - 1. None
  - 2. Minimal
  - 3. Average
  - Moderate
  - Extreme
- 20. How much of a contribution do you feel you are making to the security of the United States by serving in the Army?
  - very great contribution
  - 2. great contribution
  - 3. some contribution
  - 4. little contribution
  - 5. very little contribution
- 21. What is the level of your personal morale?
  - 1. very high
  - 2. high
  - 3. moderate
  - 4. a little low
  - 5. low

- 11. How would you rate your own skills and abilities as a soldier (using your weapons, operating and maintaining your equipment, etc.)?
  - 1. very high
  - 2. high
  - moderate
  - 4. a little low
  - 5. very low
- 12. In general, how would you rate yourself as a soldier?
  - 1. excellent
  - 2. above average
  - 3. average
  - 4. below average
  - 5. poor
- 13. In general, how would you rate the Warsaw-Pact soldiers?
  - 1. excellent
  - 2. above average
  - average
  - 4. below average
  - 5. poor
- 14. How would you describe your unit togetherness in terms of the relationships among its members?
  - 1. very high
  - 2. high
  - 3. moderate
  - 4. a little low
  - 5. very low
- 15. The relationships between the officers and the men in your unit are:
  - 1. very good
  - 2. good
  - 3. not so good
  - 4. poor
- 16. To what extent do you worry about what might happen to you personally, if and when your unit goes into combat?
  - very often
  - 2. often
  - 3. occasionally
  - 4. hardly ever
  - 5. never

- 6. In your opinion, what is the probability that your unit will be in combat during the next year?
  - 1. very high
  - 2. high
  - 3. moderate
  - 4. low
  - 5. very low
- 7. How would you describe your confidence in the tactical decisions of:

			very high	high	moder- ate	a little low	very low
a.	your	Squadron Commander	1	2	3	4	5
b.	your	Brigade Commander	1	2	3	4	5
c.	your	Division Commander	1	2	3	4	5
d.	your	Corps Commander	1	2	3	4	5
c.	The A	Army General Staff	1	2	3	4	5

8. How familiar are you with the General Defense Plan (GDP) of your unit?

		very fami- -liar		moder- ately		not fami liar at all
a.	Terrain	1	2	3	4	5
b.	Location of Friendly Force	s 1	2	3	4	5
c.	Location of Enemy Forces	1	2	3	4	5
d.	Expected missions	1	2	3	4	5

- 9. How much of the time does your unit spend on useful training?
  - nearly all the time
  - 2. most of the time
  - 3. part of the time
  - 4. very little
- 10. How much confidence do you have in your unit's major weapon system (tanks, APC's etc.)?
  - 1. very high
  - 2. high
  - 3. moderate
  - 4. a little low
  - 5. very low

- 1. What is the level of morale in your company?
  - 1. very high
  - 2. high
  - 3. moderate
  - 4. a little low
  - 5. low
- 2. How would you describe your company's readiness for combat?
  - 1. very high
  - 2. high
  - 3. moderate
  - 4. a little low
  - 5. unprepared/not ready at all
- 3. How would you describe the condition of your unit's major weapon systems (Tanks, APC's etc)? What kind of shape are they in?
  - very good
  - 2. good
  - 3. not so good
  - 4. poor/unworkable
- 4. How would you describe your friends' readiness to fight, if and when it is necessary?
  - very high
  - 2. high
  - 3. moderate
  - 4. a little low
  - very low/not ready at all
- 5. In the event of combat how would you describe your confidence in:

	·	very high	high	moder- ate	a little low	very low
a.	your platoon leader	1	2	3	4	5
ъ.	your Troop Commander	1	2	3	4	5
c.	your crew/squad members	1	2	3	4	5
đ.	yourself	1	2	3	4	5

### THE UNIT QUESTIONNAIRE FOR SOLDIERS AND JUNIOR LEADERS

The U.S. Army wants to know what soldiers think and how they feel about various subjects related to their service.

Please read each of the following questions and <u>circle</u> the number of the answer which best describes your thoughts and feelings.

This questionnaire is meant to be anonymous, so please do not include your name.

Thank you for your cooperation!

## $\label{eq:AnnexF} \mbox{Unit Questionnaire for Soldiers and Junior Leaders}$ $\mbox{(IDF and WRAIR)}$

		Completely DISSATISFIED with	Mostly DISSATISFIED with	About NEUTRAL/UNDECTOED	Mostly SATISFIED with	Completely SATISFIED with	
	<u>D</u>	ENTAL	CXPE C	N THIS	PC5T		
•	52	1	2	3	4	<b>5</b> .	the overall quality of Post dental care (for myself).
	53	1	2	3	4	5	the extent of dental services available to dependents.
	54	1	2	3	4	5	the length of waiting periods to receive dental care.
		AREER	ASPECT:	<u>.</u>			
I	<u>aa</u> 55	1	2	3	4	5	the fairness of Army pay.
	5€	1	2	3	4	5	the opportunities for advancement/promotion.
	57	1	2	3 .	4	5	tour stabilization opportunities.
	58	1	2	3	4	5	the job security one has in the Army.
	59	1	2	3	. 4	5	the opportunities for professional achievement and fulfillment.
	60	1	2	3	4	5	the standard-of-living one has in the Army.
	61	1	2	3	4	5	leave/time-off policies.
	62	ı	2	3	4	5	the Amy's retirement benefits.
	63	1	2	3	4	5	family life in the Army.
(	64	1	2	3	4	5	the opportunity one has to acquire civilian- related skills in the Army.
(	55	1	2	3	4	5	the Arry as a career for two.

	Completely	DISSATISFIED WITH	Mostly DISSATISPIED with	About NEUTRAL/URINECTOED	MOBELLY SATISFIED WICH	Completely SATISFIET with	
	32.	1	2	3	4	5	the furniture and furnishings in.
	33.	1	2	3	4	5	the freedom I have to decorate.
	34.	1	2	3	4	5	the freedom I have to entertain guests in.
	35.	1	2	3	4	5	the Army chow I am served.
٠.		<u> </u>	VIRON	<u> </u>			
Ia	36.	1	2	3	4	5	the social and recreational opportunities on this Post.
	37.	1	2	3	4	5	the club I belong to (Officers, NCO, Soldiers').
	38.	1.	. 2	3	4	5	the Post commissary.
	39.	1	2	3	4	5	the Post Exchange (FX).
	40.	1	2	3	4	5	on-Post transportation resources.
	41.	1	2	3	4	<b>. S</b>	transportation resources to and from Post.
	42.	1	2	3	4	5	the security precautions on Post.
	43.	1	2.	3	4	5	the military discipline on this Post.
	44.	1	2	3	4	5	race relationships on this Post.
	45.	1	2	3	· 4	5	the local schools for children.
• -		<u>:a:</u>	عبد .	CH 7782	3 PCS:	2	
: 2	46.	1	2	3	4	5	the overall quality of Post medical care.
	47.	1	2	3	4	5	the length of weiting periods to receive care.
	48.	1	2	3	4	5	the responsiveness of the medical personnel.
	49.	1	2	3	4	5	the continuity of the care given.
	50.	1	2	3	. 4	5	the physical facilities.
	51.	1	2	3	4	5	the CEAMPUS program.

		Completely DISSATISFIED with	HOSULY DISSATISFIED WITH	About <b>NEUT</b> KAL/ORPECTOFD	Mostly SATISFIED WITH	Completely SATISFILD with	
	15	1	2	3	4	5	the frequency with which I do work I am trained for.
	16	1	2	3	4	5	the quality of training/supervision 1
	17	1	2	3	4	5	the amount of "make work" assignments I $\epsilon$ given.
	18	1	2	3	4	5	the amount of time I spend on extra detail
	19	1	2	3	4	5	my duty hours.
	20	1	2	3	4	5	my tour of dury so far here.
_	-	LADERS	E17_CC	NDITIC	<u>NS</u>		
:	21	1	2	3	4	5	the leadership and efficiency in my presuunit.
	22	1	2	3	4	5	the state of discipline in by present unco
	23	1	2	3	4	5	the management and efficiency in my preseduty section.
	24	7	2	3	4	5	the amount of concern shown by my leader for my personal welfare.
	25	1	2	3	4	5	the amount of mutual trust and respect in my duty situation.
	26	1	2	3	4	5	the extent to which I am kept informed.
	27	1	2	3	4	5	the extent to which I am required to "hum up and wait."
		?R <u>E</u> S	<u> </u>	VING Ç	CARCER	<u>s</u>	
Ā	<b>28</b>	1	2	3	4	5	the overall pleasantness and ounform of.
	29	1	2	3	4	5	the maintenance and state of repair of.
	30	1	2	3	4.	5	the amount of space I have in.
	31	1	2	3	4	5	the degree of privacy I have in.

Cand Column (1-4) Booklet # (5) 2

これでは、 個別のないとなって、 これのことにはなるのである。

#### ARMY SATISFACTION INVENTORY (ASI)

Below is a list of incomplete statements organized under topical headings. Complete each statement by selecting one and only one Dissatisfaction/Satisfaction rating for each statement.

A rating of "1" indicates you are completely dissatisfied with. A rating of "5" indicates you are completely satisfied with. A rating of "2", "3", or "4" falls between these two extremes.

The numerical ratings you assign are interpreted as representing the direction and strength of your feelings.

Please circle your responses.

	Completely DISSATISFIED with	EGSTISTED WICH	Nbout Neutral/Unisecided	- HOSLIY SATISFIED WILh	Completely SATISFIEDith	
_	1	2	· 3	4	5	
	:::: <u>?}</u>					
I Am	ī	2	3	4	5	the idea of having an all-volumeser homy.
7	1	2	3	4	5	this Post's progress in improving leadership, training, professionalism.
3	1	2	. 3	4	5	this Post's progress in improving living conditions for its dembers.
9	ı	2	3	4	5	the public image of the Army.
10	1	2	3	4	5	Army recruiter practices and information.
10.0	<u> </u>	<u>. 50</u>	2			
1.	:	2	3	s	5	the interestingness of my present jub.
12	1	2	3	4	5	the amount of respect paid by work.
15	1	2	2	4	5	how much I am relied upon by peners.
14	1	2	3	4	5	the extent to which which I do securily assurt.

## Annex E Army Satisfaction Inventory (WRAIR)

```
SAVED AS SAS.SCORES(SQUADPER);
```

E1/E4 SQUAD/PLATOON PERCEPTIONS;

```
ARRAY SQPLTN SQDPLNO1-SQDPLN14;

COUNT3 = 14;

DO OVER SQPLTN;

IF SQPLTN < 1 OR SQPLTN > 3

THEN DO;

COUNT3 = COUNT3 - 1;

SQPLTN = .;

END;

DO OVER SQPLTN;

IF SQPLTN = 4 - SQPLTN;

SQPLTN = 4 - SQPLTN;

IF COUNT3 > 10 THEN

E164SCR = (SUM(OF SQDPLN14)) /COUNT3;

EL65CE E164SCR = .;
```

#### UNIT READINESS QUESTIONAIRE 101st AIRBORNE DIVISION (AIR ASSAULT)

To improve unit combat effectiveness, Division Mental Health requests your cooperation in answering the following questions. The questions relate to readiness and unit morale. It is very important that you answer these questions honestly as they apply to you. Confidentiality is assured. The data will be used only on a unit basis and will not reflect individual responses. PLEASE CIRCLE THE RESPONSE TO EACH QUESTION WHICH IS CLOSEST TO YOUR PRESENT FEELINGS ABOUT YOUR UNIT.

			_		
Plε	ease check your rank	c: E1 - E3	E4 - E5	E6 -	up
1.	How are your relate	tions with othe GOOD	or members of your of O.K.	unit? BAD	VERY BAD
2.	How are your relat	tions with your	chain of command?		
	VERY GOOD	GOOD	o.K.	BAD	VERY BAD
3.	How are your relat	ions with your	commander?		
	VERY GOOD	GOOD	o.K.	BAD	VERY BAD
4.	The methods of dis	scipline used i	n my unit are:		
	VERY FAIR	FAIR	O.K.	NOT FAIR	VERY POOR
5.	How much does your	commander set	an example of lead	dership for y	ou to follow?
	VERY GREAT	GREAT	O.K.	LITTLE	NOT AT ALL
6.	Rate the ability o	of your NCO's t	o command.		
	EXCELLENT	VERY GOOD	Ο.Κ.	BAD	VERY BAD
7.	Rate the ability o	f your officer	s to command.		
	EXCELLENT	VERY GOOD	O.K.	BAD	VERY BAD
8.	How do you rate yo	ur equipment?			
	EXCELLENT	VERY GOOD	O.K.	BAD	VERY BAD
9.	How is the morale	in your unit?	(Do your friends fo	eel good abou	t the unit?)
	VERY HIGH	HIGH	O.K.	LOW	VERY LOW
10.	How much pride do	you have in yo	urself as a soldier	r?	
	VERY MUCH	мисн	О.К.	LITTLE	VERY LITTLE
11.	How proud are you	to be a member	of your unit?		
	VERY MUCH	MUCH	O.K.	LITTLE	VERY LITTLE

- 12. How willing is your chain of command to help with your personal problems? VERY MOSTLY SORT OF LITTLE NOT AT ALL 13. Do unit NCO's talk with troops about the soldier's feelings and ideas? REGULARLY MANY TIMES SOMETIMES FEW TIMES 14. Do unit officers talk with troops about the soldier's feelings and ideas? REGULARLY MANY TIMES FEW TIMES 15. How ready is your unit to go to combat? VERY HIGH HIGH O.K. LOW VERY LOW 16. How capable are your officers to lead the unit in combat? VERY HIGH HIGH O.K. VERY LOW 17. How secure do you feel going into combat with your NCO's? MUCH SORT OF VERY LITTLE 18. How secure do you feel going into combat with your officers? VERY MUCH MUCH SORT OF VERY LITTLE 19. How secure do you feel going into combat with your squad? MUCH SORT OF LITTLE VERY LITTLE VERY MUCH 20. How willing are you to fight if the need exists? VERY MUCH MUCH SORT OF LITTLE VERY LITTLE 21. How willing to fight are your friends in the unit, if the need exists? SORT OF LITTLE 22. In a combat situation, how many people in your unit would be more trouble than they are worth? HALF MANY NONE VERY FEW MOST 23. Overall, how do you think your unit would perform in a combat situation? NOT GOOD VERY GOOD VERY POOR EXCELLENT O.K.
- 24. What is the major problem in your unit?
- 25. What is the second major problem in the unit?
- 26. What is your most important personal problem?
- 27. What is your second major personal problem?
- 28. Write any comments about your unit you wish to make! You may use the rest of the page or additional paper to make any comments you wish, about anything.

## Annex H Combat Stress Survey (4th Infantry Division)

DIVISION MENTAL HEALTH

COMBAT STRESS SURVEY
(CSS)

THIS QUESTIONNAIRE IS INTENDED TO PROVIDE INFORMATION ABOUT HOW THE MEMBERS OF YOUR ORGANIZATION WORK TOGETHER. THE INFORMATION YOU PROVIDE WILL BE USED TO IMPROVE THE EFFECTIVENESS OF THE UNIT/ORGANIZATION.

IF THE RESULTS ARE TO BE HELPFUL, IT IS IMPORTANT THAT YOU ANSWER EACH QUESTION AS THOROUGHLY AND FRANKLY AS POSSIBLE. THIS IS NOT A TEST, THERE ARE NO RIGHT OR WRONG ANSWERS.

THE COMPLETED QUESTIONNAIRES WILL BE PROCESSED BY AUTOMATED EQUIPMENT WHICH WILL SUMMARIZE THE ANSWERS IN STATISTICAL FORM SO THAT INDIVIDUALS CANNOT BE IDENTIFIED. PLEASE DO NOT WRITE YOUR NAME ANYWHERE ON THE QUESTIONNAIRE OR ANSWER SHEET.

#### INSTRUCTIONS

- 1. Mark all responses on the machine-readable answer sheet. If you do not find the exact response that fits your case, use the one that is closest to it.
- 2. Remember, the value of the survey depends upon your being straightforward in answering the questionnaire. Your answer sheets are processed by automated equipment and no one from your command will see them.
- 3. The answer sheet is designed for automatic scanning of your responses. Items are answered by marking the appropriate response rectangle ( ) on the answer sheet as illustrated in the following example.

Item #2: When I am in the field my unit tells me what is going on and what to expect.

[3] [3] [3]

(3) (9) (7) (9) (9)

#### Response Scale for Questions 85-104

- (1) I strongly disagree
- (2) I somewhat disagree
- (3) I am neutral
- (4) I somewhat agree
- (5) I strongly agree

In this example, the response is [2], I somewhat disagree that my unit tells me what is going on and what to expect when I am in the field.

- 4. Please use a pencil (No. 2 is best), and observe carefully these important requirements:
  - Make heavy marks that fill in the number rectangle.
  - Erase cleanly any answer you wish to change.
  - Make no stray markings of any kind.
  - Do not write your name or social security number anywhere on the questionnaire or the answer sheet.
- 5. The particular meaning of the term "this unit" will be announced by the person administering the questionnaire. For example, "this unit" may refer to vour company, battalion, brigade, etc. Ouestions about "your supervisor" refer to the person to whom you report directly. Questions about "your co-workers' refer to the people you associate with from day to day in order to get the job done -- they usually report to the same supervisor. Questions about "your work group" refer to the entire team of people, including your co-workers and your supervisor(s) who work for a common goal.
- 6. Turn to side two (GREEN SIDE) and fill in the appropriate unit/organization code.

#### COMBAT STRESS SURVEY

#### Section A

- 1. This background information is necessary to get a complete picture of your unit and may be used to sort responses into selected subgroups.
- 2. Please answer all the questions unless you have extreme reluctance to answer a particular statement.
- Begin your responses with statement number 116 on your answer sheet.
   (On side two Green Side)
- 116. Have you taken this survey before in this unit?
  - 1. No.
  - 2. Yes.
- 117. Sex.

BOLLA TOLOGO POTOSES SESSES

- 1. Male.
- 2. Female.
- 118. Education.
  - 1. No High School Diploma.
  - 2. High School Diploma or G.E.D.
  - 3. College Work, less than a 4-year degree.
  - 4. College Work, 4-year degree.
  - 5. Graduate Degree.
- 119. How long have you been in the Army?
  - 1. 6 months or less.
  - 2. 7 to 18 months.
  - 3. 19 months to 4 years.
  - 4. 5 to 10 years.
  - 5. Over 10 years.
- 120. How long have you been at this installation?
  - 1. 6 months or less.
  - 2. 7 to 12 months.
  - 3. 13 to 18 months.
  - 4. 19 months to 2 years.
  - 5. More than 2 years.
- 121. How long have you been in this unit?
  - 1. 6 months or less.
  - 2. 7 to 12 months.
  - 3. 13 to 18 months.

350 . W.

- 4. 19 months to 2 years.
- 5. More than 2 years.

- 122. Ethnic Background.
  - 1. White.
  - 2. Black.
  - 3. Hispanic.
  - 4. Asian American.
  - 5. Other (e.g., American Indian, Filipino, Korean).
- 123. Which of the following best describes your career intentions at the present time?
  - 1. I will definitely stay until retirement.
  - 2. I will probably stay until retirement.
  - 3. I am undecided about staying.
  - 4. I will stay for now but will probably leave before retirement.
  - 5. I will definitely leave at the earliest opportunity.
- 124. Military Pay Grade.
  - 1. E-1 to E-4.

4. W-1 to W-4.

2. E-5 to E-6.

5. 0-1 to 0-3.

3. E-7 to E-9.

- 6. 0-4 and above.
- 125. Which military branch corresponds the closest with your primary MOS?
  - 1. Infantry.
  - 2. Field Artillery, Air Defense Artillery.
  - 3. Armor.
  - 4. Corps of Engineers.
  - 5. Signal Corps.
  - 6. Military Police/Military Intelligence.
  - 7. Logistics (Ordinance, Quartermaster, Transportation).
  - 8. Adjutant General/Finance.
  - 9. Other (Medical, Dental, Chaplain, etc.).
- 126. Which corresponds the closest to your supervisory level?
  - 1. Supervisory.
  - 2. Non-supervisory.

#### RESPONSE SCALE

- (1) Strongly Disagree.
- (2) Somewhat Disagree.
- (3) Undecided.
- (4) Somewhat Agree.
- (5) Strongly Agree.
- 85. My individual training has been good in preparing me for combat.
- 86. My unit training has been good in preparing my unit to work together in combat.
- 87. I am confident in the abilities of the enlisted people (E-1) to E-4 in my unit to perform their duties in a combat situation.
- 88. I am confident in the abilities of the NCO's (E-5 and above) in my unit to effectively manage the people under them in a combat situation.
- 89. I am confident in the ability of the company grade officers (LT and CPT) in my unit to lead me in a combat situation.
- 90. I am confident in the ability of the field grade officers (MAJ and above) over me to lead me in a combat situation.
- 91. In a combat situation, I would feel I could completely trust and depend upon the people I work with.
- 92. In a combat situation, most people in my unit would be more trouble than they are worth.
- 93. In a combat situation, my equipment would function well.
- 94. I can use my weapons effectively in a combat situation.
- 95. When I am in the field my unit tells me what is going on and what to expect.
- 96. When I am in the field, my leaders insure that I am properly fed, warm, and rested whenever possible.
- 97. The NCO's over me have much concern for my well-being.
- 98. The officers over me have much concern for my well-being.
- 99. My unit has good training on caring for and evacuating our own wounded in combat.
- 100. I am proud of my unit.

The second of th

- 101. My unit values what I do.
- 102. I choose to spend my free time with the people in my unit.
- 103. My family members are well prepared to take care of themselves if my unit should suddenly have to go into combat.
- 104. My chances are very good of staying alive if my unit went into combat against the Russians in Europe.

#### **Combat Stress Survey Instrument**

#### Items in Combat Stress Survey clusters

#### Item clusters derived from factor analyses:

cluster number	items in Combat Stress Survey	content of cluster
1	86 88 89 90 95 96 97 98 99 100 101 104	unit
2	85 86 87 88 91 92 99 102 104	confidence, training
3	85 93 94 103 104	combat

#### Item clusters empirically derived:

cluster number	items in Combat Stress Survey	content of cluster
1	87 88 91 92	team
2	88 89 90 96 97 98	leader
3	85 93 94 103 104	self
4	86 99 100 101 102 104	unit

Note: item 92 is reverse scored

## Annex I Battlefield Interview (4th Infantry Division)

#### BATTLEFIELD INTERVIEW

The purpose of this interview is to help us measure certain aspects of your unit's readiness for combat. We are interested in how this exercise is affecting your readiness. You will not be personally identified in any way. Your responses to the interview will not be reported individually to anyone. We are only interested in the overall collective opinions of your unit. If you have strong reservations about answering any particular question please say so. Obviously, your honest opinion is what we need and our work will be useless without it.

1.	Since this exercise began, has your confidence in yourself as a soldier:
	Increased? Stayed the same?
2.	How would you rate your own fighting ability?
3.	Since this exercise began, has your confidence in your unit's fighting ability
	Increased? Stayed the same?
4.	How would you rate your unit's fighting ability now?
5.	Since this exercise began, has your opinion of your company grade officers:
	Increased? Decreased? Stayed the same?
6.	How would you rate your company grade officers overall now?
7.	Since this exercise began, has your opinion of your NCO's (E-5 and above):
	Improved? Stayed the same?
8.	How would you rate your NCO's overall now?
9.	Since this exercise began, how your opinion of the enlisted people $(E-1-E-4)$ in your unit:
	Improved? Gotten worse? Stayed the same?
10.	How would you rate the enlisted people overall now?
11.	Since this exercise began, has your confidence in your weapons:
	Increased? Decreased? Stayed the same?

12.	How would you rate your weapons now?
13.	Since this exercise began, has your confidence in your other equipment:
	Increased? Stayed the same?
14.	How would you rate your equipment now?
15.	Since this exercise began, has your personal morale:
	Improved? Gotten worse? Stayed the same?
16.	How would you rate your morale now?
	How many hours have you slept in the last three days?
10.	How tired are you?  Extremely tired?
19.	Have your leaders shown a concern for your physical and mental state during this exercise? Which leaders (NCO/Officer)?
	Are your concerns for your family or personal matters back home keeping you giving 100% here?
21.	How does your family (if applicable) handle your absence:
	Well? Not too good?
22.	How do you feel about facing the real Russians in combat at this point?

Annex J
1st Cav Survey (1st Cavalry Division)

#### 1ST CAV SURVEY

Circle the answer which best fits with how you see things in yourself or your unit. Circle only one answer for each question.

The CAV needs you to answer all of the questions:

(1)	How	long have you been i	n the	Army?			[]	(1)
	1. 2. 3.	6 months or less 7 to 18 months 19 months to 4 years		4. 5.	5 to 10 Over 10	years years	£}	(2)
(2)	How	much education have	you ha	ad?			۲1	(2)
	1. 2. 3. 4. 5.	No high school diplo High school diploma College work but les College work with a More than a 4-year c	or G.I s thai 4-yeai	n a 4-yea r degree	r degree		LJ	(2)
3)	Wha	t is your sex?					٢1	(3)
		Female Male					L1	(3)
4)	How	long have you been i	n the	lst CAV	Division?	,	[]	(4)
	2.	6 months or less 7 to 12 months 13 to 18 months				s to 2 years in 2 years	LJ	(4)
5)	How	long have you been i	n you	rpresent	squad or	aircraft crew?	[]	(5)
	1.	6 months or less 7 to 12 months					L]	(3)
	3. 4.	13 to 18 months 19 months to 2 years						
	5.	More than 2 years						
6)	Wha	t is your marital sta	tus?				[1	(6)
		Single Married		Divorced Widowed	or Separa	ted	LJ	(0)

$\mathbf{T}$	CAV	SUR	VEY

6) Your Battalion 1

J	Chy .	301.461							
7 <b>)</b>	How	many chi	ldren do y	ou have li	ving w	ith you?		Γ1	(7)
	1.	None	2. One	3.	More	than one		١١	(,,
8) .ob	How lems	worried a	are you ab s with the	out things kind, and	at ho	me (for examp) ney worries)?	le, marriage	· [_]	(8)
	1.	Very wor	ried 2.	Somewhat	worri	ed 3. Not	worried		
				your family this exerc		ers can take o	are of		(9)
	1.	Very sure	2.	Somewhat	sure	3. Not sure	at all		
10)	Wha	at is your	military	rank?				r1	<b></b>
		E-1 to E- E-3 to E- E-5 to E- E-7 to E-	-4 -6		0-1	to W-4 to O-3 and above			(10)
1)				ackground?				r1	(11)
		White Black Hispanic		4. 5.	Asia: Othe:	n American C		L	(11)
2)	Wha	at is your	leadersh	ip position	1?			11	
	2. 3.	Squad Lea Platoon S	ider	ip position	6. 7. 8.	Platoon Leade Aircraft Comm Company Comma	ander		(12)
		lst Serge		-	9.	Battalion Com		igher	
aL	is t	he level	of spirit	or morale	in yo	ur units?			
			<u>Poor</u>	Not so Good	Fair	<u>Good</u>	Very Good		
3)		r Squad Aircraft	1	2	3	4	5		(13)
4)	Υοι	ir Platoor	1	2	3	4	5		(14)
· 5)	You	ır Company	1	2	3	4	5		(15)

(16)

	on bonve.	Poor	Not so	Feir	Good	Very	
		7 <b>7</b> 77	Good	1111		Good	
· 7)	Your Brigade	1	2	3	4	5	[17]
8)	The Division	1	2	3	. 4	5	(18)
tow c	would you descr	ibe you	r units' res	diness fo	or combat?	· .	
9)	Your Squad or Air Craft Crew	1	2	3	4	5	(19)
'⁄ <b>∂)</b>	Your Platoon	1	2	3	4	5	(20)
(T.)	Your Company	1	2	3	4	5	(21)
(1.2)	Your Battalio	n 1	2	3	4	5	(22)
(. °.)	Your Brigade	1 .	2	3	4	5	(23)
9 ( <b>)</b>	The Division	1	2	3	4	5	(24)
- 10 T	would you descr	ibe the	condition o	f your u	nits' weapon	ns?	
15 <b>)</b>	Your Squad's or Aircraft's	1	2	3	4	5	(25)
)	Your Platoon'	s 1	2	3	4	5	(26)
<i>(</i> )	Your Company'	s 1	2	3	4	5	(27)
<b>`</b>	Your Battalion	's 1	2	3	4	5	(28)
. •)	Your Brigade'	s 1	2	3	4	5	(29)
16)	The Division'	s 1	2	3	4	5	(30)

#### CAV SURVEY

:	Poor	Not so Good	Fair	Good	Very Good	
) How would you describe your ends readiness tand when it is n	o fight,	2	3	4	5	(31)
your unit would fidence or faith	ever have in:	to fight,	how wou	ld you desc	ribe your	
) Squad Leader or Aircraft Crew Leader	1	2	3	4	5	(32)
) Platoon Leade	r 1	2	3	4	5	(33)
) Company CO	1	2	3	4	5	(34)
. ) Battalion CO	1	2	3	4	5	(35)
Brigade CO	1	2	3	4	5	(36)
Division CO	1	2	3	4	5	(37)
How well do y	ou know yo cise?	our squad'	s or aire	craft's mis	sion	(38)
<ol> <li>Know it ve</li> <li>Know it we</li> <li>Know it so</li> </ol>	11		4. Kno 5. Doi	ow it only and the control of the co	a little at all	
How much of y aring you for t	our units' his exerci	training se?	has beer	n useful in		(39)
<ol> <li>Nearly all</li> <li>Most of it</li> <li>Some of it</li> </ol>				ry little o ne of it	fit	
	Poor	Not so Good	<u>Fait</u>	Good	Very Good	
How would you your skills as		2	3	4	5	(40)
How would you your squad's o raft crew's tog or closeness a	r ether-	2	3	4	5	(41)

T CAV SURVEY

would you describe the relationships between the officers and in your unit?

		Poor	Not so Good	Fai	<u>Good</u>	Very Good	
(2)	Your Platoon r Aircraft Crew	, 1	2	3	4	5	(42)
′: <b>3)</b>	Your Company	1	2	3	4	5	(43)
4)	Your Battalio	n l	2	3	4	5	(44)
(45)	Your Brigade	1	2	3	4	5	(45)
46)	The Division	1	2	3	4	5	(46)
	How often do nd when your un				ht happen to y	ou,	[ ] (47)
	1. Always 2. Often 3. Occasional	ly		4. 5.	Hardly Ever Never		
48) alk	How often do to each other	your frien about thes	ds in the e worries	squad ?	d or aircraft	CTEW	[ ] (48)
	1. Always 2. Often 3. Occasional	1 <b>y</b>		4. 5.			
(49)	How important	are you t	o the suc	cess	of the lst CAV	Division?	[] (49)
	<ol> <li>Not Import</li> <li>Slightly I</li> <li>Somewhat I</li> </ol>	mportant		4. 5.	•	it	
50)	How good is y	our own sp	irit or m	orale	right now?		[] /50\
	1. Poor 2. Not so Goo 3. Fair	d		4. 5.	Good Very Good		IJ (30)

ST CAV SURVEY

	Strongly Disagree	Somewhat Disagree	Undecided	Somewhat Agree	Strongly Agree	
[51] My individual raining has prepare this exercise	ed	2	3	4	5	(51)
52) My squad's or ircraft's training prepared us to work cogether in this exe	has	2	3	4	5	(52)
53) I am confident hat the enlisted eople (E1-E4) who work with me in this xercise will do the	vill B	2	3	4	5	(53)
54) I am confident hat the NCO's (E5 above) who will worke in this exercise their duties.	and k with	2	3	4	5	(54)
55) I am confident the officers whill work with me in xercise will do the	ho n this	2	3	4	5	(55)
56) In this field xercise or in combactan completely transfer depend upon the nd officers I work	at, ust soldiers	2	3	4	5	(56)
57) When I am in he field, my leade ell me what is goind what to expect.	l rs ng on	2	3	4	5	(57)

#### PLEASE PRINT YOUR ANSWERS TO EACH OF THE FOLLOWING QUESTIONS:

What is	your	Social Securi	ty Number?					<del></del>	(58) 
How old	l are ;	you?						(59)	
What is	your	Squad or Airca	raft?	<del>,</del>					(60)
What is	your	Platoon?			<del></del>	-	(61)		
What is	your	Company?		المراج و المساولة المالية	هورس بالأنظار بالبارا		(62)		
What is	your	Battalion?					(63)		
What is	your	Brigade?					(64)		

lst Cav Survey
Items in 1st Cav clusters

cluster number	items in 1st Cav survey	content of cluster
1	25 26 27 28 29 30	weapons
2	34 35 42 43 44 45 46	faith and relations
3	13 14 19 20 21 22 31 32 33 40 41 52	morale and readiness
4	23 24 32 33 34 35 36 37	faith and readiness
5	13 14 15 16 17 18 43 50	morale
6	41 51 52 53 54 55 56 57	confidence,
7	16 17 18 19 20 21 22 23 24 49	preparedness morale and readiness
8	31 R38 R39 40 49 50 51 52	personal preparedness

Note: Two items are reverse scored in cluster 8: items 38 and 39.

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